

Sport Dry Needling
Sport Injury: definition and classification
Tendinopathy: <ul style="list-style-type: none"> <li>- Definition</li> <li>- Mechanobiology</li> <li>- Tendon vascularity</li> <li>- Tendinopathy phases</li> <li>- Pathophysiology and Histopathology</li> <li>- Causes of Tendinopathy: Vascular theory and Myofascial theory</li> <li>- Sport and Tendinopathy</li> </ul>
Treatment
<ul style="list-style-type: none"> <li>- Medication</li> <li>- Injection</li> <li>- PRP</li> <li>- Sclerotherapy</li> </ul>
Physical Therapy
<ul style="list-style-type: none"> <li>- Evidence based Physical Therapy and Clinical Reasoning</li> </ul>
Dry Needling
<ul style="list-style-type: none"> <li>- Deep Dry Needling</li> <li>- Superficial Dry Needling</li> <li>- Fascial and Connective tissue Dry Needling</li> <li>- Tendon Fenestration</li> <li>- Indications and Contraindications</li> </ul>
Upper Limb Common Tendinopathies
<ul style="list-style-type: none"> <li>- Rotator Cuff Tendinopathy</li> <li>- Bicipital Tendinopathy</li> <li>- Tennis Elbow</li> <li>- De Quervain Tenosynovitis</li> <li>- Trigger Finger</li> </ul>
Lower Limb Common Tendinopathies
<ul style="list-style-type: none"> <li>- Greater Trochanteric Tendinopathy</li> <li>- Adductor Muscles Tendinopathy</li> <li>- Hamstring Tendinopathy</li> <li>- Patellar Tendinopathy</li> <li>- Pes anserine Tendinopathy</li> <li>- Achilles Tendinopathy</li> <li>- Plantar Fasciitis</li> </ul>